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HATCH Merseyside

On 23rd Jan Hatch delivered a Workshop for parents in school 6-9 pm. Entitled DE-escalation- Strategies to support my child. Skills and strategies to dealing with conflict at home. It was well attended and the feedback was very positive.

I have asked them to comeback and deliver the course again later in the year. Find out more about all the services they offer at www.hatchmeresyside.co.uk



Matilda Stage production at Pensby High School

Our school production Matilda Jr the Musical performed on the 15th and 16th February was a triumph! Congratulations to all the students involved: from the talented cast members and brilliant stage and tech crew. Not forgetting the shining members of staff who helped to bring the show together. Students were applauded for their high standard performance and theatre professionalism.

A truly wonderful cast to work with.

Miss R Hazelhurst (Director)

SCOUTING WIRRAL

Offering skills for life, volunteering opportunities. *For all they have to offer please email:-* Karen.Currums@scouts.org.uk

Free football on the Wirral at various locations.



Zillowirral.co.uk - Is a bespoke website for the Wirral young people. There is a new section entitled **UNDERSTANDING ANGER**. Specifically designed for young people to look at video clips and explanations as to why they may be experiencing high levels of anger.

Caritas Wirral

Caritas provides services to children, families and vulnerable adults of all faiths and none. We work across all sections of the community and cultural backgrounds.

Caritas Wirral family Support Services has a dedicated team of experienced staff and volunteers, with excellent knowledge of local services and support networks.

They have drop-in sessions at various locations in Wirral.

Eg: [Caritas Stronger Together Hoylake](#) – drop-in support group from aimed at supporting people with loss, emotional wellbeing and the challenges of everyday life.

Contact:- www.caritasshrewsbury.org.uk/

Mental Health Awareness training

Youth Fed and Wirral Lifelong Learning are offering a free, three hour workshop on the topic of mental health and self-care for adults who have young people in their lives, either professionally or personally, and would like to know more in order to help.

The training covers the topics that most effect our young people today, including:

- What is mental health?
- Stigma
- Self-Esteem & Confidence
- Anxiety & Stress
- Depression
- Self-Care

There are two sessions in May, both at Moreton Family Centre and bookable via Eventbrite:

- [Friday 12th May 10am to 1pm](#)
- [Friday 26th May 1pm to 4pm](#)

The courses are free but you need to be aged nineteen years or older and resident in Wirral. All sessions will be followed with a digital resource pack.

Please email Mike Jones at michael.jones@youthfed.org for further information

We are hoping to offer this training in school as well.

Keep a look out for future emails.

Autism Together Activity Clubs

www.autismtogether.co.uk/activity-clubs

Our activity clubs offer a range of short breaks for children and young people 6- 18yrs who have a diagnosis of ASD, are in the process of being diagnosed with ASD, and who have a social and communication difficulty. They are designed to:

- develop a child/young person's self-confidence and social skills enabling them to interact with others.
- offer the child/young person a positive enjoyable experience with experienced, qualified staff, with young people of a similar age and needs.
- build on the development of the child/young persons independence skills.
- provide the opportunity for disabled children to participate in recreational activities; including a wide range covering sports,

arts, play and life skills. Unfortunately, due to the nature of the activities we offer and the level of staffing ratio we are able to provide, we are unable to support children who have complex or medical needs, or who may require personal care.

Comics Youth have collaborated with the Open Door Charity/Bloom Building to host a programme for LGBTQIA+ people aged 14+.

The programme will fall under the umbrella of their Apertura programme which is for LGBTQIA people to come together, be creative, chat and have a very wholesome community time.

These sessions will be hosted every Tuesday 5:30pm-7:30pm at the Bloom Building, 3 Abbey Close, Birkenhead, CH41 5FQ. Comics Youth can reimburse travel costs for members and/or meet them at the train station if they are anxious.

<https://comicsyouth.co.uk/sessionbooking>

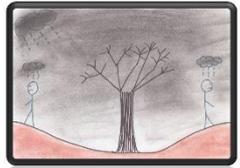


lifewithkindness.co.uk

We're part of your FAMILY TOOLBOX

Because life doesn't come with a manual

Family Workshop: Getting Along in Stressful Times



Learn some tools and techniques to help your family get along better and communicate more effectively, at one of our workshops.

Would you like to improve your family life?



We will introduce you to a concept called the OK Corral. This is a simple, yet profound way of understanding ourselves and our interactions. it could seriously change your life!

When?	Saturday 15 th April 2023. 1pm - 4.30pm
Where?	Web Merseyside, 10-12 Bentinck Street, Birkenhead.
Who?	Suitable for all shapes & sizes of family groups, ideal for those with children over 8
Cost?	The workshops are fully funded for families on Wirral, by the Family Toolbox. Refreshments provided.
How?	For more information/to book your place, contact sarah@lifewithkindness.co.uk , or call 07726 934191.

Should you wish to discuss anything please do not hesitate to contact me on dchallinor@psf.wirral.sch.uk

Ms D Challinor – Family Advocate