

**P.E. DEPARTMENT**

**DEPARTMENT VISION:**

A high-quality PE curriculum inspires all pupils to succeed and to excel in physical activity and competitive sport. Our PE curriculum provides opportunities for all pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sports and other activities builds character and helps to embed values such as fairness, respect, and pride.

# AIMS:

* To develop competence in a broad range of physical activities.
* To provide opportunities for a variety of roles in sports such as coaching and officiating.
* To develop knowledge and understanding in the physical activities.
* To provide the opportunity to be physically active for sustained periods of time.
* To provide opportunities to engage in competitive sport and activities.
* To promote a healthy and active lifestyle.
* To develop an understanding of fair play and sportsmanship.
* To celebrate success.

**Key Stage 3 Curriculum Plan**

The Key Stage 3 plan is designed to offer pupils with a broad and balanced selection of sports. To use a range of tactics and strategies to overcome opponents and to be successful. This includes individual sports, team games, health & fitness, gymnastics, dance and outdoor adventure activities.

**Key Stage 4 Curriculum Plan**

**Core PE:** Pupils are given an opportunity to develop their skills and knowledge further, tackling complex and demanding physical activities. To provide a range of activities that develops personal fitness and promotes an active healthy lifestyle.

**OCR Cambridge Nationals-Sport Studies**

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| **Unit 1** | **Unit 2** | **Unit 3** |
| **Contemporary Issues in Sport (40%)**  Assessed-external exam -1hr 15 mins | **Performance and Leadership (40%)**  Assessed-internally and moderated externally | **Sport and the Media (20%)**  Assessed-internally and moderated externally |

**Care Respect Inspire**